

Kent Ridge at Golden Pond

Sunday December 4, 2011 Thru Saturday December 10, 2011

	<i>Lunch</i>	<i>Dinner</i>
<i>Sunday Dec 4</i>	SWISS STEAK MASHED POTATOES PRINCE EDWARD BLEND ROLL AND BUTTER ♠YELLOW CAKE	SOUTHERN FRIED CHICKEN POTATO WEDGES PEAS ROLL AND BUTTER ♠PEACH COBBLER ICECREAM
<i>Monday Dec 5</i>	HONEY GLAZED HAM BAKED SWEET POTATOES SAUTEED CAULIFLOWR ROLL AND BUTTER ♠APPLE CRISP	BRAISED BEEF TIPS BUTTERED EGG NOODLES HARVEST BLEND VEGETABLE ROLL AND BUTTTER ♠CHOCOLATE CHIP COOKIES
<i>Tuesday Dec 6</i>	ROASTED PORK LOIN HASH BROWN CASSEROLE STEAMED BROCCOLI ROLL AND BUTTER ♠COCONUT OATMEAL	BRIAN'S AWARD WINNING CHILI LENTAL SOUP WITH LEMON ROLL AND BUTTER ♠LEMON BARS
<i>Wednesday Dec 7</i>	CHICKEN PARMESAN LINGUINI WITH MARINARA ITALIAN GREEN BEANS ROLL AND BUTTER ♠ PEACHES AND CREAM	DEEP FRIED SHRIMP COLE SLAW BROCCOLI CHEESE SOUP ROLL AND BUTTER ♠CHERRY PIE
<i>Thursday Dec 8</i>	ROASTED SIRLOIN OF BEEF MASHED POTATOES BRUSSEL SPROUTS ROLL AND BUTTER ♠FRESH FRUIT	GRILLED CHICKEN SANDWICH FRENCH FRIES CREAMY TOMATO BISQUE ♠VANILLA ICECREAM
<i>Friday Dec 9</i>	CITRUS BAKED COD PARSLEY RED POTATOES CARROTS & ZUCCHINI ROLL AND BUTTER ♠CHOCOLATE CUP CAKE	OPEN FACE HOT TURKEY SANDWICH MASHED POTATO BUTTERED CORN ROLL AND BUTTER ♠SUGAR COOKIES
<i>Saturday Dec 10</i>	BAKED PENNE PASTA MIXED VEGETABLE GARLIC BREAD HAM AND POTATO SOUP ♠APPLE PIE	TUNA SALAD CROISSANTS POTATO CHIPS CHICKEN NOODLE SOUP ♠FRUIT SHORTCAKE

Special diets:

HOUSE REGULAR ♠ HOUSE DIABETIC ♥HEART HEALTHY SELECTION

Starters Selections

Homemade Soup, Tossed Salad, Cottage Cheese, Apple Sauce, Seasonal Fruit