

KentRidge at Golden Pond

Sunday June 27, 2010 Thru Saturday July 3, 2010

	<i>Lunch</i>	<i>Dinner</i>
<i>Sunday August 1</i>	SWISS STEAK MASHED POTATOES STEAMED BROCCOLI ROLL AND BUTTER ♣COCONUT OATMEAL BAR	BAKED PENNE PASTA ITALIAN MIX VEGETABLE GARLIC BREAD POTATO SOUP ♣MOOSE TRACKS ICECREAM
<i>Monday August 2</i>	PRETZEL CRUSTED TILAPIA HASH BROWN POTATOES CARROTS & ZUCCHINI ROLL AND BUTTER ♣APPLE CRISP	CREAMED CHICKEN OVER BUTTER MILK BISCUIT PEAS AND MUSHROOMS ♣YELLOW CAKE WITH ICING
<i>Tuesday August 3</i>	BRAISED BEEF TIPS BUTTERED EGG NOODLES HARVEST BLEND VEGETABLE ROLL AND BUTTER ♣BLACK FOREST TRIFLE DESSERT	COUNTRY HAM LOAF SCALLOPED POTATOES BRUSSEL SPROUTS CHICKEN VEGETABLE SOUP FRUIT & YOGURT
<i>Wednesday August 4</i>	CORNED BEEF BOILED REDSKIN POTATOES STEAMED CABBAGE ROLL AND BUTTER ♣KEY LIME PIE	GRILLED CHICKEN SANDWICH ONION RINGS TOMATO SOUP ♣VANILLA ICECREAM
<i>Thursday August 5</i>	ROASTED PORKLOIN W/GRAVY POTATO PANCAKES GREEN BEANS ROLL AND BUTTER ♣BREAD PUDDING	SHRIMP ALFREDO STEAMED BROCCOLI ROLL AND BUTTER CABBAGE SOUP PEACHES AND CREAM
<i>Friday August 6</i>	DEEP FRIED PERCH BAKED POTATO COLE SLAW ROLL AND BUTTER ♣CHERRY PIE	TURKEY RUEBEN SANDWICH POTATO CHIPS BEAN SOUP ♣CHOCOLATE CHIP COOKIES
<i>Saturday August 7</i>	SOUTHERN FRIED CHICKEN MASHED POTATOES PEAS ROLL AND BUTTER FRUIT SHORTCAKE	TUNA SALAD ON A BUN JOJO'S NEW ENGLAND CLAM CHOWDER ♣ORANGE JELL-O

Special diets:

HOUSE REGULAR

♣ HOUSE DIABETIC

♥HEART HEALTHY SELECTION

Starters Selections

Homemade Soup, Tossed Salad, Cottage Cheese, Apple Sauce, Seasonal Fruit

